Make –up work

Team Sports

Fitness/Conditioning

P.E. 1

For each day a student is out they must complete a one-page paper on the history and rules of a sport. (i.e. suspended/sick 10 days = 10 one page papers)

Football

Baseball

Basketball

Hockey

Wrestling

Rugby

Soccer

Lacrosse

Softball

Pickle Ball

The list above is just some ideas. You may complete these and any other sports you may come up with.